

PSHE Medium Term Plan Year 11 2023 onwards

Provision	Topic	Learning	Assessment and Evaluation	Resources
Autumn	<p>Health and Well Being PoS Ref: H2, H4, H5, H10, H13, H14, H17</p> <p>Living in the Wider World PoS Ref: L10, L24, L25, L26, L27</p> <p>Valuing Difference PoS Ref: L15, R5, R34</p>	<p>Exam stress, stress management strategies, including maintaining healthy sleep habits. Donation -Organ, Stem Cell and Blood Donation, how to do it and why to consider it Immunisation – What is it, why is it important?</p> <p>Interview Skills. Preparing for a job or further education interview Misinformation. How can you work out what to trust online? Consumer rights. What are your rights, protections and avenues of support as a consumer?</p> <p>The Equality Act, Protected Characteristics, implications for you at school and beyond Human Rights and International Law – What does it mean to be lgbt+ around the world</p>	<ul style="list-style-type: none"> • Baseline assessment 'I can' statements, revisited in final lesson • Ipsative Assessment in lessons • End of topic quiz 	PSHE Association NHS Resources
Spring	<p>Positive Relationships PoS Refs: R1, R2, R3, R4,</p>	<p>Pornography and its implications for behaviour and expectations in relationships Identifying strategies and avenues of support for those worried about their pornography use</p>	<ul style="list-style-type: none"> • Baseline assessment 'I can' statements, 	

	<p>R6, R7, R8, R9, R10, R11, R12, R14, R15, R16, R17, R18, R19R20, R21, R22, R23, R25, R28, R29, R30, R32, R33, H3, H4, H12, H13, H18, H26, H27, H28, H29</p> <p>Making Good Choices and Managing Risk PoS Refs: H13, H21, H22, H24, H29</p>	<p>Healthy relations. Legal status of relationships. What is Domestic Abuse? How can you recognise signs and where can you get help.</p> <p>Addictive Substances – Consequences of addiction for the individual and wider society. Recognising barriers to seeking help and how to overcome them</p> <p>CPR – Key first aid skills recap including administering CPR, Recovery Position and Defibrillators</p>	<p>revisited later on</p> <ul style="list-style-type: none"> • Ipsative Assessment in lessons • Final Evaluation 	
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